













Choosing an Equip Chair

- 1 **Equip** offers chairs with contoured seats and backrests to give you the maximum comfort and support you need. Choose a chair shaped to match the natural contour of your spine.
- 2 **Equip** offers chairs with backrests that are height adjustable, providing your back with customized comfort and support.
- 3 **Equip** offers chairs with seats and backrests that are made from high-density foam to fit and support the contours of your body and evenly distribute your weight.
- 4 **Equip** offers chairs with "Waterfall" seat cushions that slope down at the front of the chair - an important ergonomic feature that helps circulation to your lower legs
- 5 **Equip** offers chairs with height adjustable armrests that ensure you will find the most comfortable position, reducing strain on your back, neck and shoulders.
- 6 The gas cylinder height adjustment on an Equip chair lets you alter your seating position throughout the day with a smooth, easy, one-touch action.
- 7 **Equip** offers a selection of castors or glides for your specific type of flooring and requirement.



Chair Functions

SWIVEL	TILT TENSION	SEAT HEIGHT	BACK ANGLE	SEAT ANGLE	CENTRE TILT
 <p>Chair rotates through 360° allowing access to desired areas and avoiding twisting of torso.</p>	 <p>Increase or decrease to match body weight. Allows comfortable rocking with minimum effort, reducing fatigue</p>	 <p>Raise or lower to allow feet to rest flat on the floor. Avoids pressure under the thighs which eases blood flow.</p>	 <p>Adjust to change torso angle in relation to thighs. Helps reduce disc pressure and relaxes back muscles</p>	 <p>Adjust to change the angle of thighs in relation to floor and torso. Helps reduce disc pressure during forward leaning tasks.</p>	 <p>Chair tilts from a pivot point under the centre of the seat. When feet are well supported, this enhances blood flow.</p>
KNEE TILT	SYNCHRO	BACK HEIGHT	Forward Tilt Stop	SEAT DEPTH	TILT LOCK
 <p>Chair tilts from a pivot point near the front of the seat which helps keep the feet on the floor. Maintains stability while enhancing blood flow.</p>	 <p>Back and seat angles change simultaneously at controlled rates. Allows easy adjustment to obtain optimal position</p>	 <p>Raise or lower to position the lumbar support to the correct position. Important to reduce the likelihood of back pain.</p>	 <p>Provides alternate forward tilt stopping positions on tilting chairs. Helps reduce disc pressure during forward leaning task</p>	 <p>Changes the horizontal position of the back relative to the seat. Accommodates the length of thighs, keeping the back in correct position</p>	 <p>Locks the tilt action of tilting chairs into the desired position. Allows the locking of the chair into a comfortable and supportive working position</p>